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| E group | full team |
| D group |  |
| C group | |
| B group | |
| A group | |

Duncan Swim Team: Cycle III overview

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|---|---------|
| full team | E group |
|  | D group |
| | C group |
| | B group |
| | A group |

- 1) Below is a brief overview of the expected dates of interest over the next 3+ months.
- 2) Swimmers who are invited to the Swim Meets will have their specific group color shown on the dates and name of competition.
- 3) The Meets that have specific Qualifying Times (QTs) are also shown.

Please note that the dates listed below are subject to change

refer to www.duncanswimteam.com for up to date information or contact leanne@duncanstingrays.com 250 710 3278

| April | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------------|--|---------|-----------|----------|--|--------------------------------------|--|
| mar 29 - apr 4 | | | | | ~ statutory holiday ~ all programs cancelled | all programs cancelled | |
| apr 5 - 11 | ~ statutory holiday ~ all programs cancelled | | | | | Long Course training @ NAC commences | VIR @ TSUN VIR @ TSUN VIR @ TSUN |
| apr 12 - 18 | | | | | | NAC | |
| apr 19 - 25 | | | | | | NAC | |
| apr 26 - may 2 | | | | | | NAC | |

| May | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------|--|---------|-----------|----------|--------|--|--------|
| may 3 - 9 | | | | | | NAC | |
| may 10 - 16 | | | | | | NAC Island LC Invitational (Prov AA QT) Island LC Invitational (Prov AA QT) Island LC Invitational (Prov AA QT) | |
| may 17 - 23 | | | | | | NAC cancelled practice at the CAC 5:45 - 8:00am | |
| may 24 - 30 | ~ statutory holiday ~ all programs cancelled | | | | | NAC cancelled NRST Spring Sprint NRST Spring Sprint NRST Spring Sprint Mel Zajac Jr International: UBC (Westerns QT) | |

| June | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------|--------|---------|-----------|-----------------------|-----------------------|---|-------------------------------------|
| may 31 - june 6 | | | | | | NAC | Comox Inv Comox Inv Comox Inv |
| june 7 - 13 | | | | | | NAC cancelled VIR LC Champs: Victoria (Prov AA QT) VIR LC Champs: Victoria (Prov AA QT) VIR LC Champs: Victoria (Prov AA QT) | |
| june 14 - 20 | | | | | | NAC | |
| june 21 - 27 | | | | last day of Cycle III | last day of Cycle III | NAC Prov AA Champs: Surrey (Prov AA QT) Prov AA Champs: Surrey (Prov AA QT) | |

| July | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------|--------------|--------------|--------------|--|--------------|--------------|---|
| june 28 - july 4 | schedule TBD | schedule TBD | schedule TBD | ~ statutory holiday ~ all programs cancelled | schedule TBD | NAC | |
| july 5 - 11 | schedule TBD | schedule TBD | schedule TBD | | | | Provincial AAA Champs: Kamloops (Prov AAA QT) Provincial AAA Champs: Kamloops (Prov AAA QT) Provincial AAA Champs: Kamloops (Prov AAA QT) |
| july 12 - 18 | schedule TBD | schedule TBD | schedule TBD | schedule TBD | schedule TBD | schedule TBD | |
| july 19 - 25 | schedule TBD | schedule TBD | schedule TBD | | | | Canadian Age Group Championships: Winnipeg, MB (Cdn Age Group QT) Canadian Age Group Championships: Winnipeg, MB (Cdn Age Group QT) |
| july 26 - aug 1 | schedule TBD | schedule TBD | schedule TBD | | | | Summer Nationals: Victoria, BC (Sr Nationals QT) |