

## Individual Meet Results

2009 NRST Fall Invitational 24-Oct-09 to 25-Oct-09 SC Meters

Location: NAC

Duncan Swim Team [DST] Coach: Leanne Sirup

	Time	SwimBC	Stan	Event	Place	Improv
Atsma, A (14) F						
	32.93S	A	# 22B	Female 13-14 50 Free	11	-1.26
	3:03.25S	A	# 25B	Female 13-14 200 Back	6	-12.14
	1:44.97S		# 30B	Female 13-14 100 Breast	12	-0.80
Austin, D (14) F						
	1:10.19S	A	# 8B	Female 13-14 100 Free	6	1.99
	1:27.41S		# 13B	Female 13-14 100 Fly	10	5.32
	5:31.75S	A	# 18C	Female 13-14 400 Free	7	-0.37
	32.26S	A	# 22B	Female 13-14 50 Free	7	0.42
	1:29.75S	AA	# 30B	Female 13-14 100 Breast	5	-0.07
	2:35.11S	A	# 32B	Female 13-14 200 Free	4	1.83
Bell, A (15) F						
	40.24S		# 20	200 Medley Relay Lead Off	---	-0.32
	35.92S		# 22C	Female 15 & Over 50 Free	12	-0.71
	3:19.37S		# 25C	Female 15 & Over 200 Back	8	---
	3:21.73S		# 35C	Female 15 & Over 200 IM	11	-2.86
Bolyos, A (14) F						
	1:45.44S		# 8B	Female 13-14 100 Free	23	---
	4:11.57S		# 16B	Female 13-14 200 Breast	10	---
	NS		# 22B	Female 13-14 50 Free	---	---
	NS		# 30B	Female 13-14 100 Breast	---	---
Campbell, O (9) F						
	1:45.52S		# 7	Mixed 10 & Under 100 Free	33	---
	2:20.36S		# 15	Mixed 10 & Under 100 Breast	26	---
	1:05.79S		# 27	Mixed 10 & Under 50 Breast	45	---
	2:02.39S		# 34	Mixed 10 & Under 100 IM	33	---
Fulton, F (12) M						
	45.28S		# 4A	Male 11-12 50 Back	3	-3.91
	DQ		# 6A	Male 11-12 100 Back	---	---
	1:30.37S		# 9A	Male 11-12 100 Free	8	-4.85
Garrow, J (12) M						
	38.99S		# 4A	Male 11-12 50 Back	1	-7.19
	1:10.27S	AA	# 9A	Male 11-12 100 Free	1	-5.92
	1:28.04S	AA	# 14A	Male 11-12 100 Fly	1	-5.61
	5:38.52S	AA	# 18B	Male 11-12 400 Free	1	-42.43
	1:51.10S		# 31A	Male 11-12 100 Breast	6	2.17
	2:35.59S	AA	# 33A	Male 11-12 200 Free	1	-9.92
	3:01.85S	AA	# 36A	Male 11-12 200 IM	2	-2.49
Grosse, F (13) M						
	1:24.34S		# 9B	Male 13-14 100 Free	14	---
	DQ		# 12B	Male 13-14 50 Fly	---	---
Hartford, E (13) M						
	32.07S	A	# 1	200 Free Relay Lead Off	---	-6.42
	1:26.99S	A	# 6B	Male 13-14 100 Back	12	-11.46
	1:19.90S		# 9B	Male 13-14 100 Free	13	-24.73
	3:24.17S	A	# 17B	Male 13-14 200 Breast	5	1.72
	3:08.17S		# 26B	Male 13-14 200 Back	4	-30.57
	1:38.53S	A	# 31B	Male 13-14 100 Breast	9	1.13
	2:57.90S		# 33B	Male 13-14 200 Free	5	-14.29

Johnson, C (10) F				
1:25.33S	# 7	Mixed 10 & Under 100 Free	6	-9.92
51.04S	# 10	Mixed 10 & Under 50 Fly	15	-9.74
1:53.39S	# 15	Mixed 10 & Under 100 Breast	5	-12.96
38.49S	# 21	Mixed 10 & Under 50 Free	12	-4.12
50.57S	# 27	Mixed 10 & Under 50 Breast	7	-6.26
1:41.79S	# 34	Mixed 10 & Under 100 IM	12	-9.55
Kissack, J (10) M				
47.23S	# 2	Mixed 10 & Under 50 Back	10	-0.82
1:30.11S	# 7	Mixed 10 & Under 100 Free	15	-3.54
2:01.44S	# 15	Mixed 10 & Under 100 Breast	14	-3.29
51.24S	# 20	200 Medley Relay Lead Off	---	3.19
37.53S A	# 21	Mixed 10 & Under 50 Free	6	-4.68
NS	# 24	Mixed 10 & Under 100 Back	---	---
NS	# 34	Mixed 10 & Under 100 IM	---	---
Kissack, L (12) F				
1:28.84S A	# 5A	Female 11-12 100 Back	11	-4.26
6:01.69S A	# 18A	Female 11-12 400 Free	8	-29.41
42.19S	# 20	200 Medley Relay Lead Off	---	-0.14
3:06.17S A	# 25A	Female 11-12 200 Back	5	-11.10
2:49.74S A	# 32A	Female 11-12 200 Free	6	-8.99
3:10.82S A	# 35A	Female 11-12 200 IM	8	-11.63
Munzar, S (13) F				
32.25S AA	# 1	200 Free Relay Lead Off	---	-0.94
1:21.60S AA	# 5B	Female 13-14 100 Back	8	-0.50
1:36.83S	# 13B	Female 13-14 100 Fly	14	-1.57
5:38.12S A	# 18C	Female 13-14 400 Free	10	-37.41
Murray, M (10) F				
46.39S	# 21	Mixed 10 & Under 50 Free	36	---
1:54.58S	# 24	Mixed 10 & Under 100 Back	19	---
55.85S	# 27	Mixed 10 & Under 50 Breast	20	---
Ogihara-Kertz, E (14) M				
40.27S	# 4B	Male 13-14 50 Back	2	---
1:13.20S	# 9B	Male 13-14 100 Free	11	---
3:11.64S AA	# 17B	Male 13-14 200 Breast	4	-0.83
31.64S A	# 23B	Male 13-14 50 Free	6	-1.08
1:25.34S AA	# 31B	Male 13-14 100 Breast	4	-8.37
2:57.19S A	# 36B	Male 13-14 200 IM	9	-16.42
Ogihara-Kertz, J (10) M				
52.21S	# 2	Mixed 10 & Under 50 Back	22	-0.98
1:38.07S	# 7	Mixed 10 & Under 100 Free	24	-0.53
53.48S	# 10	Mixed 10 & Under 50 Fly	17	-4.42
1:45.93S	# 24	Mixed 10 & Under 100 Back	9	-8.42
56.21S	# 27	Mixed 10 & Under 50 Breast	24	-6.54
1:44.08S	# 34	Mixed 10 & Under 100 IM	14	-8.02
Rhoades, C (16) F				
1:25.09S	# 5C	Female 15 & Over 100 Back	10	3.94
1:15.39S	# 8C	Female 15 & Over 100 Free	14	2.08
5:54.78S	# 18E	Female 15 & Over 400 Free	7	9.10
34.59S	# 22C	Female 15 & Over 50 Free	11	1.05
1:46.10S	# 30C	Female 15 & Over 100 Breast	9	1.71
2:43.94S	# 32C	Female 15 & Over 200 Free	8	4.15
Rhoades, S (13) F				
1:32.34S	# 13B	Female 13-14 100 Fly	12	-27.75
5:56.65S	# 18C	Female 13-14 400 Free	14	-10.41
33.61S A	# 22B	Female 13-14 50 Free	12	-0.70
2:47.46S A	# 32B	Female 13-14 200 Free	6	-8.83
3:12.46S	# 35B	Female 13-14 200 IM	14	-17.12

Ross, K (12) F	49.86S	# 3A	Female 11-12 50 Back	9	-6.30
	1:28.88S	# 8A	Female 11-12 100 Free	21	-12.05
	50.57S	# 11A	Female 11-12 50 Fly	12	-3.15
	1:55.99S	# 13A	Female 11-12 100 Fly	16	-7.17
	40.12S	# 22A	Female 11-12 50 Free	29	-2.94
	3:12.74S	# 32A	Female 11-12 200 Free	20	-8.95
	3:49.54S	# 35A	Female 11-12 200 IM	20	-0.43
Tremblay-Johnston, R (16) F	37.62S	# 22C	Female 15 & Over 50 Free	13	2.13
	1:37.53S	# 30C	Female 15 & Over 100 Breast	6	4.81
	3:23.35S	# 35C	Female 15 & Over 200 IM	12	-6.73
Zinkan, E (12) F	35.85S A	# 1	200 Free Relay Lead Off	---	-10.30
	1:34.90S	# 5A	Female 11-12 100 Back	17	-10.58
	3:49.12S	# 16A	Female 11-12 200 Breast	6	---
	6:39.50S	# 18A	Female 11-12 400 Free	18	---
	3:25.29S	# 25A	Female 11-12 200 Back	10	-8.95
	1:51.05S	# 30A	Female 11-12 100 Breast	19	-15.34
	3:25.82S	# 35A	Female 11-12 200 IM	12	-53.14
Zinkan, R (9) F	50.61S	# 2	Mixed 10 & Under 50 Back	20	-2.75
	1:38.03S	# 7	Mixed 10 & Under 100 Free	23	-8.52
	1:00.89S	# 10	Mixed 10 & Under 50 Fly	33	6.94
	1:57.13S	# 15	Mixed 10 & Under 100 Breast	8	4.43
	40.80S	# 21	Mixed 10 & Under 50 Free	22	-5.63
	1:52.72S	# 24	Mixed 10 & Under 100 Back	15	-8.44
	54.46S	# 27	Mixed 10 & Under 50 Breast	17	3.26
	1:52.00S	# 34	Mixed 10 & Under 100 IM	17	2.14
Zinkan, T (10) M	DQ	# 21	Mixed 10 & Under 50 Free	---	---
	53.02S	# 27	Mixed 10 & Under 50 Breast	14	-2.79
	1:38.15S	# 34	Mixed 10 & Under 100 IM	8	-5.17