

SENIOR Women - SC				
Event	Club	Name	Time	Year
50 Free	CNPPO	VICTORIA POON	24.24	2009
100 Free	CNPPO	VICTORIA POON	52.80	2009
200 Free	CNPPO	GENEVIEVE SAUMER	1:54.23	2009
400 Free	SKSC	BRITTANY REIMER	4:03.61	2003
800 Free	UBCD	SAVANNAH KING	8:19.99	2009
1500 Free	UBCD	SAVANNAH KING	16:00.68	2009
50 Back	CAMO	JENNIFER CARROLL	27.06	2009
100 Back	DINO	KATY MURDOCH	56.88	2009
200 Back	DINO	KATY MURDOCH	2:03.31	2009
50 Breast	ESWIM	AMANDA REASON	29.96	2009
100 Breast	UBCD	ANNAMAY PIERSE	1:04.28	2009
200 Breast	UBCD	ANNAMAY PIERSE	2:16.83	2009
50 Fly	CNPPO	VICTORIA POON	25.87	2009
100 Fly	CAMO	AUDREY LACROIX	56.74	2009
200 Fly	CAMO	AUDREY LACROIX	2:03.20	2009
200 IM	NYAC	JULIA WILKINSON	2:07.01	2009
400 IM	UBCD	TANYA HUNKS	4:29.22	2009
4x50 FR	QUE		1:40.77	2009
4x100 FR	CNPPO		3:37.78	2009
4x200 FR	UCSC		7:51.80	2009
4x50 MR	ONT		1:50.18	2009
4x100 MR	CAN		3:49.95	2009

SENIOR Women - LC				
Event	Club	Name	Time	Year
50 Free	CNPPO	VICTORIA POON	24.75	2009
100 Free	CPSC	ERICA MORNINGSTAR	54.08	2007
200 Free	CNPPO	GENEVIEVE SAUMUR	1:56.97	2009
400 Free	SKSC	BRITTANY REIMER	4:07.32	2005
800 Free	SKSC	BRITTANY REIMER	8:27.59	2005
1500 Free	SKSC	BRITTANY REIMER	16:07.73	2005
50 Back	NYAC	JULIA WILKINSON	28.53	2008
100 Back	NYAC	JULIA WILKINSON	1:00.37	2009
200 Back	UBCD	LAUREN LAVIGNA	2:10.03	2001
50 Breast	ESWIM	AMANDA REASON	30.23	2009
100 Breast	UBCD	ANNAMAY PIERSE	1:05.74	2009
200 Breast	UBCD	ANNAMAY PIERSE	2:20.12	2009
50 Fly	CNPPO	VICTORIA POON	26.71	2009
100 Fly	CAMO	AUDREY LACROIX	58.67	2009
200 Fly	CAMO	AUDREY LACROIX	2:05.95	2009
200 IM	NYAC	JULIA WILKINSON	2:12.03	2008
400 IM	UCSC	TANYA HUNKS	4:35.84	2009
4x50 FR	EPS		1:45.09	1989
4x100 FR	CAN		3:38.32	2008
4x200 FR	CAN		7:56.26	2008
4x50 MR	CAN		1:55.16	1989
4x100 MR	CAN		4:01.35	2008

SENIOR Men - SC				
Event	Club	Name	Time	Year
50 Free	UBCD	BRENT HAYDEN	21.34	2009
100 Free	GOLD	COLIN FLYSAK	45.88	2009
200 Free	UBCD	BRENT HAYDEN	1:41.77	2009
400 Free	IS	RYAN COCHRANE	3:39.10	2009
800 Free	IS	RYAN COCHRANE	7:39.57	2009
1500 Free	IS	RYAN COCHRANE	14:28.63	2009
50 Back	UNATT	RILEY JANES	23.90	2000
100 Back	LOSC	JAKE TAPP	50.60	2009
200 Back	UBCD	MATT HAWES	1:52.21	2009
50 Breast	UCSC	PAUL KORNFELD	26.69	2009
100 Breast	UCSC	PAUL KORNFELD	57.10	2009
200 Breast	UCSC	PAUL KORNFELD	2:03.26	2009
50 Fly	LAC	JOE BARTOCH	23.31	2009
100 Fly	UBCD /LAC	MIKE MINTENKO/JOE BARTOCH	51.45	02/09
200 Fly	IS	STEFAN HIRNIAK	1:53.43	2009
200 IM	UBCD	BRIAN JOHNS	1:55.19	2009
400 IM	UBCT	BRIAN JOHNS	4:02.72	2003
4x50 FR	UBCD		1:27.11	2009
4x100 FR	UBCD		3:10.99	2009
4x200 FR	CAN		6:51.05	2009
4x50 MR	BC		1:38.05	2009
4x100 MR	CAN		3:23.33	2009

SENIOR Men - LC				
Event	Club	Name	Time	Year
50 Free	UBCD	BRENT HAYDEN	21.73	2009
100 Free	UBCD	BRENT HAYDEN	47.27	2009
200 Free	UBCD	BRENT HAYDEN	1:46.40	2008
400 Free	IS	RYAN COCHRANE	3:44.85	2008
800 Free	IS	RYAN COCHRANE	7:41.92	2009
1500 Free	IS	RYAN COCHRANE	14:40.84	2008
50 Back	UCSC	PASCAL WOLLACH	25.23	2009
100 Back	UCSC	PASCAL WOLLACH	53.63	2009
200 Back	UBCD	MATT HAWES	1:57.34	2009
50 Breast	UBCD	SCOTT DICKENS	27.45	2009
100 Breast	UBCD	SCOTT DICKENS	1:00.23	2009
200 Breast	UCSC	MIKE BROWN	2:08.84	2008
50 Fly	CNPPO	THOMAS KINDLER	23.66	2009
100 Fly	LAC	JOE BARTOCH	52.28	2008
200 Fly	IS	STEFAN HIRNIAK	1:57.43	2009
200 IM	ROW	KEITH BEAVERS	1:59.19	2008
400 IM	UBCD	BRIAN JOHNS	4:11.41	2008
4x50 FR	PDSA		1:32.61	1999
4x100 FR	CAN		3:12.26	2008
4x200 FR	CAN		7:05.77	2008
4x50 MR	UCSC		1:41.03	1998
4x100 MR	CAN		3:34.99	2008