

VIR Time Standards*

Please note: the times listed below are recognized only within the Vancouver Island Region

Girls

<i>EVENT</i>	<i>AAA 50 m</i>	<i>AAA 25 m</i>	<i>AA 50 m</i>	<i>AA 25 m</i>	<i>A 50 m</i>	<i>A 25 m</i>
50 free	:40.15	:39.35	:44.16	:43.28	:48.18	:47.22
100 free	1:27.22	1:25.48	1:35.94	1:34.02	1:44.67	1:42.58
200 free	3:07.91	3:04.15	3:26.70	3:22.57	3:45.49	3:40.98
400 free	6:31.95	6:24.11	7:11.14	7:02.52	7:50.34	7:40.93
50 back	:44.56	:43.67	:49.02	:48.04	:53.47	:52.40
100 back	1:36.79	1:34.85	1:46.46	1:44.83	1:56.15	1:53.83
50 breast	:50.01	:49.01	:55.01	:53.91	1:00.01	:58.81
100 breast	1:48.64	1:46.47	1:59.51	1:57.12	2:10.37	2:07.76
50 fly	:43.08	:42.22	:47.39	:46.44	:51.70	:50.67
100 fly	1:33.59	1:31.72	1:42.93	1:40.89	1:52.98	1:50.05
100 IM	--	1:35.47	--	1:45.02	--	1:54.56
200 IM	3:30.82	3:26.60	3:51.90	3:47.26	4:12.99	4:07.93

Boys

<i>EVENT</i>	<i>AAA 50 m</i>	<i>AAA 25 m</i>	<i>AA 50 m</i>	<i>AA 25 m</i>	<i>A 50 m</i>	<i>A 25 m</i>
50 free	:38.60	:37.83	:42.76	:41.90	:46.32	:45.39
100 free	1:25.66	1:23.95	1:34.22	1:32.34	1:42.79	1:40.73
200 free	3:06.93	3:03.19	3:35.62	3:31.31	3:44.32	3:39.83
400 free	6:35.21	6:27.31	7:14.73	7:06.04	7:54.25	7:44.77
50 back	:42.94	:42.08	:47.23	:46.29	:51.53	:50.50
100 back	1:35.29	1:33.38	1:44.82	1:42.72	1:54.35	1:52.06
50 breast	:48.27	:47.30	:53.10	:52.04	:57.92	:56.76
100 breast	1:47.11	1:44.97	1:57.82	1:55.46	2:08.53	2:05.96
50 fly	:41.74	:40.91	:45.91	:44.99	:50.09	:49.09
100 fly	1:32.63	1:30.78	1:41.89	1:39.85	1:51.16	1:48.94
100 IM	--	1:34.85	--	1:44.34	--	1:53.82
200 IM	3:30.44	3:26.23	3:51.48	3:46.85	4:12.53	4:07.09