



**Tsunami Quack Splash
Port Alberni Regional Meet
Sunday, April 11th, 2010
Sanctioned by Swim BC:**



Location: ECHO "67" POOL

4255 Wallace Street,

Port Alberni, BC

Phone (250) 723-2181

6 Lane 25 Meter Pool with Colorado Timing (touch pads & score board)

Participating clubs: VIR Regional Meet

Date: **Sunday April 11th 2010**

Warm-ups: 9:00 – 9:50 AM

Start Time: 10:00 AM

Eligibility: All swimmers must be registered with a Swim BC or FINA Affiliated club. Age groups are based on the age of the swimmers as of April 11th 2010.

Meet Entries: Meet entries must be uploaded prior to the entry deadline to the Swimming Canada website (www.meetlist.notlong.com). Entries sent directly to the meet manager will not be accepted.

Maximum number of entries is set at 160 swimmers.

Entry Deadline: Meet entries must be uploaded prior to Tuesday April 6th 2010 to the swimming Canada www.swimmeet.ca website. Entries sent directly to the meet manager will not be accepted.

Entry Fees: \$20.00 per swimmer. This fee includes the Swim BC \$4.00 Splash fee.

Make cheques payable to: Tsunami Swim Club

Deck Entries: Deck entries will be accepted on a first come, first serve basis to fill empty lanes. No new heats will be made. Deck entries for swimmers not already in the meet must be accompanied by swimmer's SNC ID#

Scratches: Please email known scratches to Karen Webb at webb235@hotmail.com by **April 8th 2010**.

Awards: Certificates and Ribbons will be given to swimmers

Heat Winner: All heat winners will receive a rubber duckie...lots of different ones to collect and trade.

Meet Rules: - SNC and Swim BC rules will apply.

- SNC one start rule will be in effect.
- The meet will be run cardless.
- All events will be seeded together but awarded separately by age and gender.
- Seeding will be slowest to fastest.
- All events are timed finals.
- **All 25 meter events are for Novice swimmers only.**
- All 25 meter events will water start in the shallow end.
- Max 4 events and 1 relay per swimmer.

Meet management reserves the right to limit the # of heats and/or to reschedule events based on the # of events received.

Officials: If members of your club would be interested in assisting us with any deck positions please contact **Karen Mitchell**

trimitch@telus.net or **250-724-6155**

Any help would be greatly appreciated.

Meet Manager: Karen Webb

Phone **250-723-1723**

E-mail: webb235@hotmail.com

Event Order

- 1. 200 Free Relay**
- 2. 200 IM**
- 3. 50 m Free**
- 4. 100 m Free**
- 5. 25 m Free Novice**
- 6. 50 m Fly**
- 7. 100 m Fly**
- 8. 25 m Fly Novice**
- 9. 50 m Back**
- 10. 100 m Back**
- 11. 25 m Back Novice**
- 12. 50 m Breast**
- 13. 100 m Breast**
- 14. 25 m Breast Novice**
- 15. 200 Free**