

**Comox Valley Aquatic Club**  
**Spring Invitational**  
**Sunday June 6, 2010**  
**Sanctioned by Swim BC: #9481**

- Location :** Comox Valley Aquatic Centre  
377 Lerwick, Courtenay, BC
- Time:** Warm-up – 9:00am, Start time: 10:00am
- Pool:** 8 lane, 25 metre, with Colorado Timing System.
- Meet Manager:** Heather Ney [hsney@hotmail.com](mailto:hsney@hotmail.com) or 250 218-1281
- Eligibility:** All swimmers registered with a Swim BC or FINA Affiliated club. Age groups are based on the age of the swimmers as of June 6, 2010.
- Entries:** Meet entries must be uploaded prior to the entry deadline to the Swimming Canada website. Entries sent directly to the meet manager will *not* be accepted. “NT” (No time) entries will be accepted. Maximum number of swimmers is set at 160.
- Entry Deadline:** Meet entries must be uploaded to Swimming Canada via [www.meetlist.notlong.com](http://www.meetlist.notlong.com) no later than June 1, 2010.
- Entry Fees:** \$25.00 per swimmer. This fee includes the Swim BC \$4.00 Splash fee. Relays are \$4.00 each. Entry fees must be paid prior to the start of the meet. Make Cheques payable to the Comox Valley Aquatic Club. Deck entries will be \$30.00 per swimmer not already entered in the meet and \$6.00 per relay.
- Deck Entries:** Deck entries will be accepted on a first come, first serve basis to fill empty lanes. No new heats will be added. Meet cost for deck entries is \$30.00 for swimmers not already registered in the meet and must be accompanied by the swimmer’s SNC ID#, date of birth and correct name spelling as in the SNC registration database. Deck entry relays will be \$6.00 per relay. Deck entries must be received by the Clerk of Course 30 minutes before the start of the meet.
- Scratches:** Please email known scratches to Heather Ney at [hsney@hotmail.com](mailto:hsney@hotmail.com) by June 4, 2010. Scratches the day of the meet must be received by the Clerk of Course 30 minutes before the start of the meet.
- Awards:** Ribbons for 1<sup>st</sup> thru 8<sup>th</sup> for individual events and 1<sup>st</sup> thru 3<sup>rd</sup> for relays.

**Meet Rules:**

SNC and Swim BC Rules will apply.

SNC one start rule will be in effect.

SNC warm up rules will be in effect.

All events will be seeded together but awarded separately by age and gender.

Seeding will be slowest to fastest.

All events are timed finals

All 25 metre events and 100 meter relays are for NOVICE SWIMMERS only.

All 25 metre events will be a water start in the shallow end as will the 100 metre relays.

Max 4 events and 2 relays per swimmer.

Meet Management reserves the right to limit the number of heats and/or to reschedule events based on the number of entries received.

**Officials:**

If members of your club would be interested in assisting with officiating please contact Heather Ney at [hsney@hotmail.com](mailto:hsney@hotmail.com)

**Event Order:**

<u>Girls Event Number</u>	<u>Event</u>	<u>Boys Event Number</u>
1	400 Free	2
3	200 Free Relay	4
5	25 Breast	6
7	200 IM	8
9	100 Free	10
11	50 Fly	12
13	25 Back	14
15	100 Breast	16
17	50 Back	18
19	25 Free	20
21	100 Fly	22
23	50 Free	24
25	25 Fly	26
27	100 Back	28
29	50 Breast	30
31	100 Free Relay	32
33	200 Free	34
35	100 IM	36
37	200 Medley Relay	38